



ST. PATRICK'S PRIMARY SCHOOL

5 WATTLE STREET, ST. ARNAUD VIC 3478 PH 03 54951038

tjohns@spstarnaud.catholic.edu.au



"St Patrick's Primary School respectfully acknowledges the Traditional Owners of the land, the Dja Dja Wurrung people, who are represented by the Dja Dja Wurrung Clans Aboriginal Corporation, pays respect to the ongoing living cultures of first Peoples."

PRINCIPAL'S REPORT

We are flying through the weeks. its hard to believe we are more than half way through the term already.

St Patrick's Day: Friday 17th March is St Patrick's Day. Students are invited to wear a touch of green to celebrate. We will attend mass at 9:15 and then return to participate in St Patrick themed activities and enjoy some green jelly prepared by the senior class.

Hockey roadshow: Last week we had the Hockey roadshow come to visit us. We all had great fun participating and learning some awesome hockey skills. We would like to thank the North Central Hockey club for giving us this opportunity to participate.

"AS PARTNERS IN CATHOLIC EDUCATION AND OPEN TO GOD'S PRESENCE, WE PURSUE THE FULLNESS OF LIFE FOR ALL. ST PATRICK'S CATHOLIC PRIMARY SCHOOL IS COMMITTED TO THE SAFETY AND WELL-BEING OF ALL STUDENTS."



Mass Times

Sunday 12th March

10:30am via livestream

<https://www.youtube.com/channel/UCNu048D7CPRut1yUzRsAPGA>



Important Dates

13th March-
School closure - Labor
Day long weekend

14th March-
Regional Swimming
Horsham
Qualifying students only)

14th March
S.A.C meeting 6PM

5th March - 27th March-
NAPLAN testing window

17th March
St. Patrick's Day.
Mass at 9:15am

24th March
Cross Country

31st March
Summer Sports

6th April-
Colour Run
Early finish - final day of
school

PRINCIPAL'S REPORT CONTINUED..

School Sores:

There have been a number of reported cases of school sores. Please be vigilant and keep an eye on your children for any symptoms. An information sheet has been included in this newsletter.

NAPLAN: Grade 3 and 5 students will complete NAPLAN testing on the 15th, 16th and 17th March. It is being held earlier than usual this year. Any parents who have questions or concerns about NAPLAN testing are asked to contact the school.

School starting times: A quick reminder that the gates open and the students are supervised from 8:30. We ask that students don't arrive until after this time please.

Working with Children Check (WWCC):

Thank you to those who have provided the office with a copy of their WWCC. Please continue to do this as it is vital we have parent helpers to run events such as the cross country and colour run. If you need to apply for a WWCC please use the QR code.



STARS OF THE WEEK



Milla Polkinghorne



Luke Burns



Aniyah Kinnane



Ella Wait



Ayvah Manning-McIntyre



Tasha Batters

AROUND THE ROOMS

GRADE 2



This term during our wellbeing session we have been learning about the importance of gratitude. As a class we read the book 'Apple Cake', this book taught us the importance of being grateful for and appreciative of the food we have to eat. Following this, we headed to the wellbeing centre to cook our very own apple cakes. The grade 2's demonstrated excellent time management skills and team work. We have also been on a nature walk, and made our very own artwork in the shape of a flower. We wrote on our flowers what we were grateful for on our walk, and colored them in. They are currently displayed in our classroom.



ST PAT'S PROFILES



MASON ALLEN

Meet Mason! Mason enjoys watching TV when he isn't at school and loves the Paw Patrol Movie. His favorite food is corn and favorite colors are yellow, green and gold! If Mason could be an animal for a day, he would be a dog. When he grows up he would like to be a teacher. Mason has a twin brother and has a secret talent.....he is very good at balancing an egg on a spoon with one hand!



JO BALDOCK

This is Mrs. Baldock (or Jo!) When she isn't out camping or boating at the local lakes, she will be dreaming about visiting New York for a white Christmas, and going to Times Square for the lighting of the Christmas tree! Until then, Mrs. Baldock will enjoy time walking her dogs, bike riding, listening to 70's music and Country Rock. Her favorite sport is Basketball and favorite food is woodfired pizza.

BLACK RANGES SWIMMING



On Thursday 2nd March, Mrs. Carroll took 5 students to the Black Rangers Swimming in Horsham to represent the school.

There were two regions swimming on the day, the Black Rangers and Little Desert. All students smashed it out in the water coming away with some great results!

Sienna: 1st overall in Butterfly and 2nd overall in Breaststroke.

Arley: 1st in region, (Black Ranges) 2nd overall in Breaststroke and 2nd in region for Freestyle.

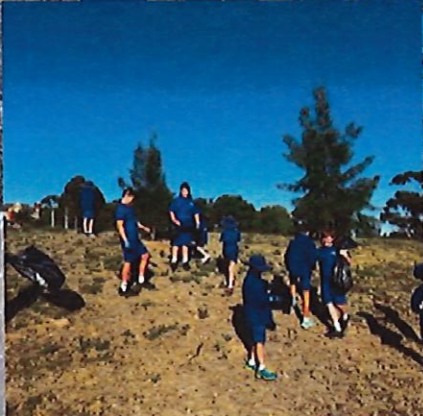
Milla, Hannah and Myah all swam in Freestyle and Breaststroke earning placings in our region.

The girls combined and swam in a Medley Relay and came away with 2nd overall.

All of the students represented our school well and will progress through to the next level to be held in Horsham on Tuesday the 14th of March.

Best of luck to our swimmers!

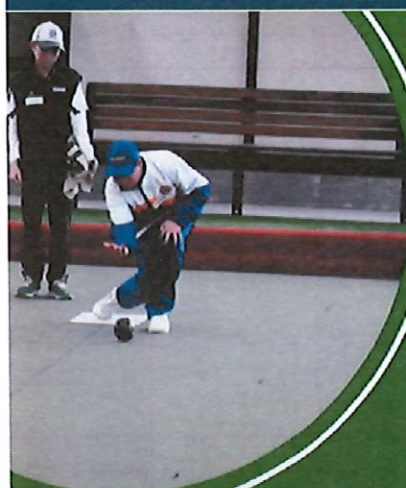
CLEAN UP AUSTRALIA DAY





HOCKEY ROADSHOW

COMMUNITY NOTICES



JUNIOR SCHOOL HOLIDAY PROGRAM

An opportunity for junior aged 8 and above to try the sport of bowls during the school holiday \$10 which includes Lunch



- WEDNESDAY 12TH APRIL @ RUPANYUP BOWLS CLUB, 10AM - 2PM
- ANY JUNIOR OF ANY EXPERIENCE CAN ATTEND
- INTRODUCTION TO THE SPORT, FUN GAMES AND COACHING
- FORM A REGION JUNIOR DEVELOPMENT SQUAD

For enquiries about the days, please contact Josh Thornton on 0474 741 177 or joshth@bowlsvic.org.au



WORLD SLEEP DAY

MARCH 17TH

Did you know we spend up to one third of our lives sleeping?

Sleep is just as important as eating well, drinking lots of water and exercising regularly, in ensuring we stay healthy and grow fit and strong!

Having less than 7 hours of sleep per night increases our risk of developing obesity and poor mental health. What you eat before bed time can impact on your quality of sleep.



Do you know what foods to avoid? Lets take a look.



Avoid the following foods before bed

- Spicy food
- Fried food
- High sugar food
- Caffeinated beverages



Try the following foods before bed

- Almonds
- Turkey
- Kiwi
- Malted milk
- Fish

World sleep day theme for 2023 is Sleep is Essential for Health

Kids aged 5-18 years should aim for between 9 to 11 hours of sleep per night!

Toddlers and kinder kids need between 10 to 14 hours per night!



JOIN THE FUN!

St Arnaud Auskick Centre

Lord Nelson Park

Thursday's 4:30pm starting April 27th

Scan the QR Code to register!



Naomi Goode
0400 251 806

Andrea McNally
0407 102 692



NAB AFL Auskick is one of the best, first experiences kids aged 5-12 will have learning Australian Football.

In weekly sessions, Auskickers and their families will run, jump, kick, laugh and create their own special moments playing footy.

No matter their skill level, ability or knowledge of the game, Auskick is for everyone!

Registration is this simple!

1

WWW.

Visit
play.afl

2



Select
'Where to play'

3



Enter your
suburb

4



Find your local
club and register!

play.afl/auskick


ggle-

ST ARNAUD SECONDARY COLLEGE

PRESENTS

HITS AND GIGGLES

A COMMUNITY EVENT



The St Arnaud Secondary College captains are excited to announce their first community event for 2023.

'Hits and Giggles' will be held at the St Arnaud Tennis Club on the 31st of March, kicking off at 5 pm.

Who is invited?

EVERYONE! This event is aimed to create a fun night for everyone in our community.

What will be there?

The team from "Wood Fired Pizza 2 You" have been booked! Pizzas will be available from 5 pm onwards.

The Secondary College Parents Club will also be selling baked potatoes and other small treats.

What will we be doing?

Everyone is invited to bring along a deck chair or picnic blanket to sit back, relax and enjoy some tasty pizza!

There will also be music, along with some fun activities for anyone to participate in.

Our Tennis Tournament

For anybody feeling a little bit competitive, we've got you covered! A social round robin game of tennis will also be happening. Find yourself a doubles partner and enter your team! There will be three categories;

- Primary age & Adult partnership
- Secondary Partnership
- Open Partnership (secondary age & adult, or two adults)

Everyone is invited to participate regardless of your tennis abilities.

To enter your team click on the link in the caption and fill out the 3 easy questions. It's that easy!

TEAMS NEED TO BE ENTERED BY 17TH MARCH

TO ENTER, FILL OUT THE GOOGLE FORM ABOVE

LIBRARIES

NEW

STORYTIME

EVERY THURSDAY

10.30AM

ST ARNAUD LIBRARY

MUSIC | BOOKS
DANCE | GRAFT

LIBRARY LOCATED IN MARKET SQUARE
BEHIND THE COUNCIL OFFICES
PHONE: 54952188

ALL WELCOME

ST ARNAUD PONY CLUB IS WELCOMING NEW MEMBERS!

WHEN??

First Sunday of the month



CONTACT

starnaudponyclub@gmail.com

Katrina Cheesman

0407 839 118

Tracey Arbuckle

0409 459 738

WHO??

Ready2Ride Program

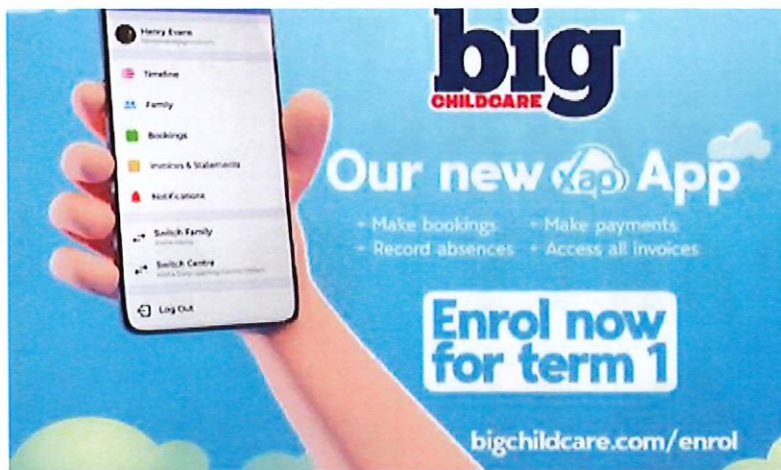
Young riders who are on lead or require assistance. 1/2 day program

Junior & Senior Members

Adult Members

WHERE??

St Arnaud Pony Club
Bush Park RD, St Arnaud



big
CHILDCARE

Our new App

- Make bookings
- Make payments
- Record absences
- Access all invoices

Enrol now for term 1

bigchildcare.com/enrol

We wish to inform families of some important changes to how families enrol and book with Big Childcare for OSHC. Last year we made the decision to change our software provider from My Family Lounge to our new platform Xap.

We are pleased to say that all our centres have now transitioned with our staff undergoing training to understand its full capability.

Xap is a streamlined, user-friendly system that will greatly improve the experience of both families and staff when enrolling, requesting and entering bookings, processing CCS and making payments.

Some key benefits of Xap for busy families are:

- significantly reducing administration tasks
- greater control over accounts & bookings
- enabling payments directly through the app and viewing their accounts.

We have already contacted families and provided them with clear instructions on how to enrol. The feedback we have had so far, is that the software is very user friendly and self-explanatory. The good news is that thousands of enrolments have already been uploaded by families into Xap.

For families to enrol/re-enrol their child/ren at Big Childcare, head to our website bigchildcare.com/enrol where we have full instructions about the process.

Please reach out to our team via admin@bigchildcare.com or call us on 03 8682 9400 should you have any questions.

We can't wait to welcome families back in Term 1 and make their lives even easier.

Friends of the St Arnaud Queen Mary Gardens

GALA DAY

Saturday, 1st April 2023

9am to 12 noon in the Gardens

Stallholders welcome – payment by donation.

Contact: Lyn Box (5495 1167 or 0408 951 167)

or Deirdre Freeman (5496 3311 or 0417 222 661)

Donations of plants, books, CDs, DVDs, produce, jams and cakes gratefully received.

Contact: Lyn or Deirdre for collection or deliver on the day from 7.30 am.



Hookin2Hockey – St Arnaud Hockey Club

Hockey Victoria and North Central Hockey Association are visiting St Arnaud Primary School and Patrick's Primary School on Wednesday 8th March for Years 1-5 to run their Hockey Roadshow. Participants will be introduced to hockey through simple skills and drills and fun games.

St Arnaud Hockey Club will be starting their Hookin2Hockey (Minkey) program at the hockey field at 4.00pm each Thursday from March 23rd. Students from Foundation and up are welcome to join our free "Come and Try" session on Thursday 23rd March. Registration costs will be \$40 for players wishing to continue. <https://www.hockey.org.au/hookin2hockey/> Choose St Arnaud as our program when registering your child.

Hockey sticks and shin guards are available to borrow for the season and players are asked to wear a mouth guard. Alternatively, a beginner's pack which includes stick, shinpads and ball can be purchased for \$40 through NCHA <https://www.revolutionise.com.au/northcentralha/shop/> or for further information, please contact Kate Gifford on 0458150724.

We can't wait to see you at training!!



WE ARE HIRING

EDUCATORS & CENTRE MANAGERS

IN YOUR AREA!

big
CHILDCARE

Trusted Specialist For

OUTSIDE OF SCHOOL HOURS CARE

- ✓ Competitive salary
- ✓ Fun place to work
- ✓ Career progression



Scan for details



**END OF SEASON
POOL PARTY**
SUNDAY
MARCH 19
2PM-5PM



**INFLATABLE TOYS, DIVING BOARDS, BBQ,
MUSIC AND GAMES**
**COME ENJOY THE LAST SWIM OF
THE SEASON!**

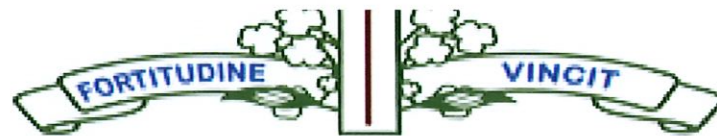


ST ARNAUD OUTDOOR POOL

**The St Arnaud Pool 2022/23
season will end on Sunday March
19th.**

**Come up and enjoy your last swim
of the season this week and don't
miss our End of Season pool
party.**

Thank you for a great summer!



Dear families. We have had several cases of Impetigo (school sores) confirmed within the school. Please see the following information. We are encouraging all families to remain vigilant and keep an eye on your child in the case of any symptoms.

School sores (impetigo) - including symptoms, treatment and prevention

School sores (impetigo) are a superficial skin infection caused by *Staphylococcus* or *Streptococcus* bacteria, or sometimes both. They are most common in children.

How school sores are spread

The bacteria can easily spread to other parts of the infected person's body or to other people directly by contact with sores or indirectly by contact with contaminated clothes.

Signs and symptoms of school sores

School sores appear as a flat, yellow, crusty or moist patches on the skin (see image), usually on exposed parts of the body such as the face and legs. The sores are often greater than 1cm in diameter.



Diagnosis of school sores

Diagnosis is based on examination of the sores. Dry, cracked skin serves as an area for growth of the *Streptococcus* and *Staphylococcus* bacteria.

Incubation period

(time between becoming infected and developing symptoms)

4 to 10 days.

Infectious period

(time during which an infected person can infect to others)

As long as there is discharge from the sores. School sores are extremely infectious.

Treatment for school sores

Your doctor may recommend antibiotic cream for mild and localised school sores. Antibiotics by mouth may be needed for multiple school sores and recurrent school sores.

Any sores on exposed surfaces should be covered with a watertight dressing.

Prevention of school sores

School sores can be prevented by the following measures:

- [Exclude people with school sores from childcare, preschool, school and work](#) until appropriate treatment has commenced. Any sores on exposed surfaces should be completely covered with a dressing.

